

**Team Trophy 2024**

**Sunday 26th May 2024**

**Provisional Timetable**

|  |  |
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| **Track** | **Field** |
| 11.00am | 400mH Men | Men’s Discus | Women’s Long Jump |
| 11.10am | 400mH Women |  |  |
| 11.30am | 100m Men |  |  |
| 11.40am | 100m Women | Women’s Discus | Women’s High Jump |
| 12.05pm | 800m Men  |  |  |
| 12.10pm | 800m Women |  |  |
| 12.30pm | 100m Women Hurdles |  | Men’s Triple Jump |
| 12.40pm | 110m Hurdles Men |  |  |
| 12.50pm | 400m Women |  |  |
| 1.15pm | 400m Men | Men’s Javelin | Women’s Shot Put |
| 1.30pm |  |  |  |
| 1.40pm | 3000m Men |  |  |
| 1.50pm |  |  |  |
| 2.00pm | 3000m Women |  | Men’s Shot Put |
| 2.10pm |  | Women’s Javelin |  |
| 2.20pm | 200m Men |  | Men’s High Jump |
| 2.30pm | 200m Women |  |  |
| 2.50pm | 1500m Men | Men’s Hammer | Women’s Triple Jump |
| 3.10pm | 1500m Women |  |  |
| 3.20pm | 4x100m Women |  | Men’s Long Jump |
| 3.30pm  | 4x100m Men | Women’s Hammer |  |
| 3.40pm | 4x400m Men |  |  |
| 3.55pm | 4x400m Women |  |  |